



Clinic first to try new system

By Erin Williams

BALLARAT is home to the first clinic in Australia to provide electro-stimulation treatment for lymphoedema patients.

Hightech Clinic in Lake Gardens uses the product Bodyflow which accelerates the flow and drainage of fluids in the lymphatic system.

Electrodes are applied to muscles using a frequency which smooths muscles.

The Hightech Clinic's lymphoedema therapist Kay John said patients could feel results in the first 20 minutes of treatment.

"Patients can feel it as soon as they stand up," Ms John said.

"We're lucky to get this technology. To get results straight away is really big."

Ms John said Australian research conducted for lymphoedema, blood flow and sports recovery proved the \$10,000 machine worked.

"Some people can lose 20 to 30 centimetres of fluid in one treatment," she said.

Ms John expected about 200 lymphoedema sufferers aged between seven and 80 to use the machine each year.

"Lymphoedema is common in Ballarat. A lot of people are undiagnosed," she said.

NEW TECHNOLOGY: Hightech Clinic lymphoedema therapist Kay John with the new device which accelerates the flow and drainage of fluids in the lymphatic system. Picture: **Jeremy Bannister**

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